

galloping goose



sausage company

## FRESH SAUSAGE

**BOEREWORS** - An unique taste treat. Beef, pork and lamb spiced with cloves and coriander. A South African classic.

**HERBED LAMB** - 100% lamb flavoured with garlic, lemon and fresh rosemary.

**CURRY** - A tasty mix of masala and curry sweetened with raisins and coconut. Spicy but not too hot.

**MOROCCAN** - A pork sausage with an exotic blend of savory and sweet flavours ... oregano, apricots, prunes and olives.

**FARMER** - A mildly spiced pork sausage. Flavoured with onion and parsley.

**BRATWURST** - A finely textured beef and pork sausage, spiced with a hint of ginger and nutmeg.

**BREAKFAST** - A mild, but very tasty pork sausage. Lightly spiced with marjoram, cinnamon and sage. Eight small links to a package.

**CHORIZO** - A peppery pork sausage spiced with fresh garlic, oregano and fennel.

**ITALIAN** - (Mild or hot) A meaty pork sausage spiced with fresh garlic and fennel. Delicious on its own or as the meat component for pasta tomato sauces.

**TUSCAN** - A mild pork sausage flavoured with fresh garlic, basil, sundried tomatoes and red wine.

**LOUKANIKO** - A Greek styled sausage made from pork and lamb. Spiced with fresh garlic, oregano, orange and Retsina.

**SPICED BEEF & ONION** - An all beef sausage. Slightly peppery with a hint of allspice, ginger and tarragon.

**SWEDISH POTATO** - A pork and potato sausage with a tender texture. Flavoured with onion and spiced with white pepper and allspice.

**COUNTRY GARLIC** - A flavourful mix of pork and bacon. Spiced with mace, mustard seeds, fresh garlic and onion.

**SAGE TURKEY** - Appalachian sage spicing with a twist ... bursts of tart cranberry flavour. 100% turkey meat.

**LEMON GARLIC CHICKEN** - A pure chicken sausage ... fresh garlic and lemon with black pepper, green onion and parsley.

**SAVORY CHICKEN** - "Roast chicken" in a sausage ... mildly spiced with fresh garlic, celery seeds, savory and oregano.

**LEEK & POTATO CHICKEN** - Chicken flavoured with fresh leeks & tender potato. Lightly spiced with a mild hit of black pepper.

## SPECIALTY ITEMS

**BILTONG** - Traditional Southern African jerky. Marinated in cloves, coriander and sherry to enhance the natural beef flavour.

**DROEWORS** - Another Southern African specialty. This is Boerewors dried to a chewy texture, intensifying the unique flavour. (So lekker dit maak jou gala!)

**RED ONION MARMALADE** - Our own delicious onion chutney ... slightly sweet. Excellent on grilled meats.

## STUFFED CHICKEN BREASTS

- succulent white meat wrapped around a variety of tasty stuffings: Curry & Apricot, Spinach & Feta, Tuscan and Cranberry & Sage. Bake at 350° for approx. 25 min. Baste with olive oil or butter while cooking.

## COOKING OUR SAUSAGE

Our sausages are very low in fat ... do not prick the skins or parboil before cooking. When pan frying add oil to the pan. Cook on a low to medium heat and turn frequently. Our sausages BBQ well, also on a low to medium heat. Another easy method is to bake them ... put a little oil in a baking dish, roll the sausage to coat and bake at 350 for about 20 - 25 min., turning several times. Defrost (in the fridge or in the microwave) before cooking.

## BISON SAUSAGE (NOT ALWAYS AVAILABLE)

**GINGER GARLIC** - Fresh garlic and ginger flavoured with lemon, honey and coarse black pepper.

**GOLDEN SPICE** - A slightly hot, fruity mix with a touch of curry and coriander.

**SMOKED SAUSAGE** - Great smoky taste ... already cooked, ready to eat.

**SUPERDOGS** - One of our most popular sausages! Pork and beef, mildly spiced. A quick BBQ ... also good cold with cheese and crackers.

**SMOKED CHORIZO** - A peppery pork sausage ... same spicing as our fresh Chorizo but with added flavour from being smoked. A great addition to homemade pizza.

**ANDOUILLE** - Louisiana style smoked sausage. Hot and spicy with lots of fresh garlic.

**UKRAINIAN** - The classic garlic coil. A mild but garlicky, extra lean pork sausage.

**SMOKED BRATWURST** - Same spicing as our fresh Bratwurst ... hints of nutmeg and ginger with a subtle smoke flavour.

**PEPPERONI** - A spicy but not overly hot mix of pork and beef. Very tasty .... very lean.

Also, **HONEY CURED SLAB BACON** - slightly sweet and very meaty.

**SPICED PEPPER BACON** - Rubbed with coarse black pepper, thyme, crushed juniper and brown sugar.

## GOOSE FACTS

- All packages contain four links, except breakfast which contains eight small links.
- Our smoked sausages do contain a small amount of sodium nitrate.
- Smoked sausages contain soy, fresh sausages contain milk with the exception of Boerewors and Curry which contain tapioca.
- Our sausages are MSG and gluten free.
- We are happy to adjust our recipes for people with allergies (5 lb. Min.)
- **HUNTERS** - we will turn your game meat into delicious sausage ... any flavour - your choice.
- Our chicken is free run from Cowichan Bay. We use natural (antibiotic & hormone free) beef.

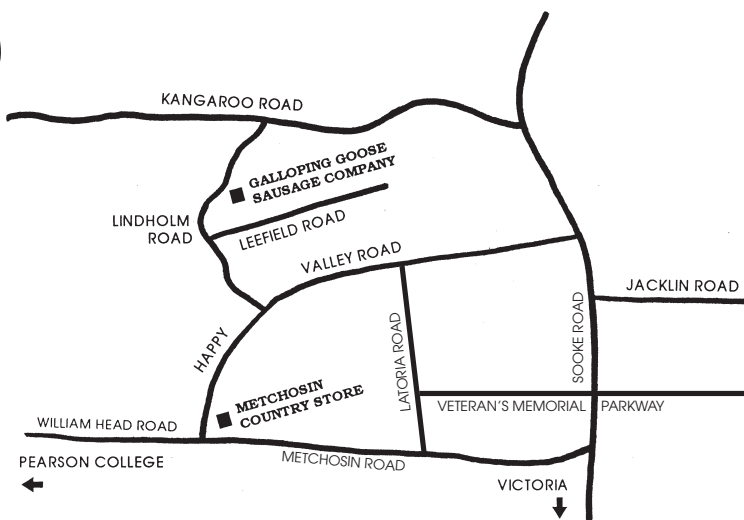
## OUR GUARANTEE ...

Covers not only product quality, but we will also underwrite your satisfaction. If you do not like our sausages for ANY reason, we will refund your money. (Even if you overcooked them!)

**THANK YOU** for buying **GALLOPING GOOSE** ... we appreciate your business.



## Where to find us ...



### GALLOPING GOOSE SAUSAGE CO.

4484 Lindholm Rd.  
Ph: 250-474-5788  
Please phone ahead

### METCHOSIN COUNTRY STORE

4398 Metchosin Rd.  
Ph: 250-478-2405  
Open 7 days a week

### DEEP COVE MARKET

1094 West Saanich Rd.  
Open 7 days a week  
Ph: 250-656-2547

### BILL'S FOOD & FEED

East Sooke  
Ph: 250-642-1888

### NIAGARA GROCERY

579 Niagara Street  
250-383-1223

### MEDICINE BEACH MARKET

Pender Island  
Ph: 250-629-3386

### OTTAVIO

2272 Oak Bay Ave.  
Ph: 250-592-4690  
Closed Sun. & Mon.

### PEPPERS FOOD STORE

Cadboro Bay Village  
Ph: 250-477-6513  
Open 7 days a week

### SALTSPRING NATURE WORKS

116 Lower Ganges Road  
1-250-537-2325

### DAYSTAR MARKET

Galiano Island  
250-539-2800